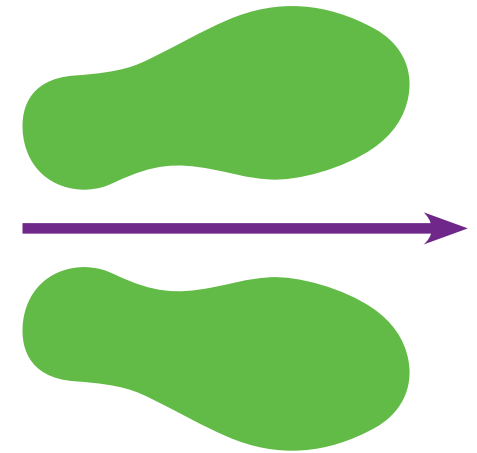
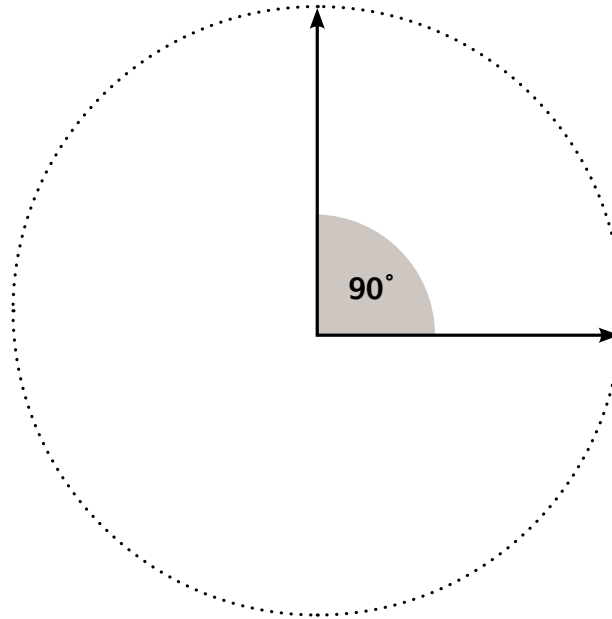
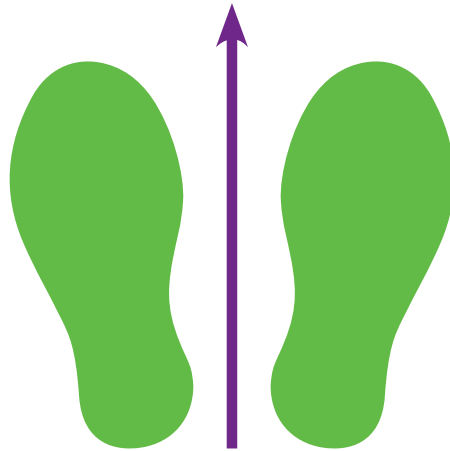




Angle Card 90° (Quarter turn)

Action for Life

LESSON
3

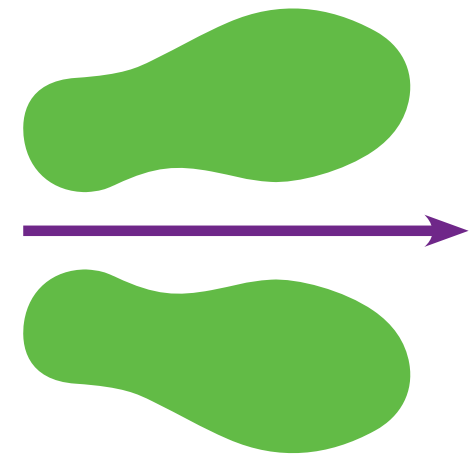
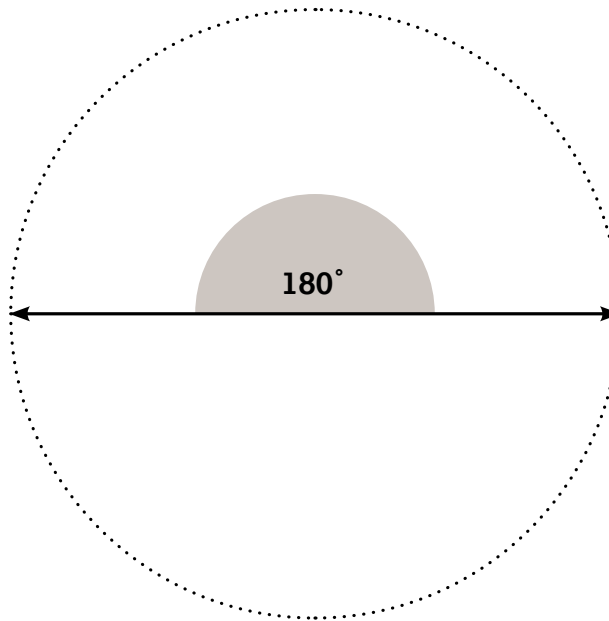
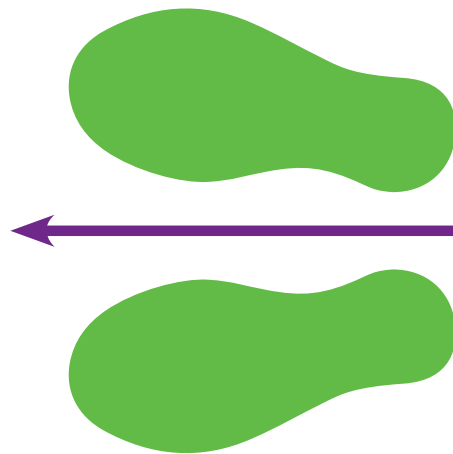




Action for Life

Angle Card 180° (Half turn)

 **Irish Heart
Foundation**
The National Stroke & Heart Charity





Angle Card 360° (Full turn)

Action for Life

LESSON
3

